

Lecture notes & revision

Capture the structure in your own words now. Turn it into questions after. Explain it out loud before you forget the shape of it.

Module / lecture	Date	Lecturer
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QUESTIONS & CUES

Fill in after the lecture: one question per idea

NOTES IN YOUR OWN WORDS

Main points, examples, and a "?" next to anything you didn't follow

SUMMARY

the lecture in three sentences, without looking

EXPLAIN IT BACK

Same day Cover the notes. Explain the lecture out loud for 3 minutes. Circle what you stalled on.	A few days later Answer the cue questions without the notes. Check, and mark the gaps.	About a week later Explain it again, simpler. If you can teach it, you know it.
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Free template from the [TalkGraph](#) blog · [talkgraph.ai/blog](#) Or explain it out loud in TalkGraph and watch the gaps show up as questions.